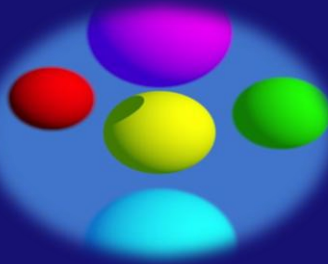


*"Brainspotting is a remarkable, sophisticated, flexible addition to the toolkit of any therapist."*  
~Norman Doidge, author of "The Brain that Changes Itself"



*"Where you look affects how you feel..."*

*"Brainspotting is based on the profound attunement of the therapist with the patient, finding a somatic cue and extinguishing it by down-regulating the amygdala."*  
~Robert Scaer, author of "The Trauma Spectrum"

# ***Brainspotting Phase 2 Training***

## ***New York City***

***March 9-11, 2018***  
***9 am – 6 pm***

***Offices of the Amen Clinic***  
***16 E 40<sup>th</sup> St., 9<sup>th</sup> fl.***

*21 CE hours through R. Cassidy Seminars, National & NYSED (#0006) CE provider*

### ***What is Brainspotting?***

Brainspotting is an approach to healing and wellness that is deeply rooted in the body's nervous system. Brainspotting accesses the brain-body's innate self-scanning and self-healing capacities in the context of a neurobiologically and relationally attuned clinical relationship. In Brainspotting, a person's brain-body activation around a particular issue is paired with a relevant eye and orienting position, called a Brainspot. Brainspots are theorized to access the neurophysiological subsystems holding emotional and/or physical experience in an often wordless but felt form of memory. The Brainspot serves to locate and hold such "memory files" open in a calm and grounded environment, allowing the brain-body system and relevant neurophysiological subsystems to re-organize in an adaptive manner to the present. When this happens, the prior activation eases; the person feels--and functions--better.

***REGISTER at: [www.brainspottinghappens-marthasjacobi.com/new-2018-bsp-trainings](http://www.brainspottinghappens-marthasjacobi.com/new-2018-bsp-trainings)***

#### ***Cost:***

***Early Bird (by Jan. 31st) \$695***  
***Regular (Feb. 1-15th) \$745***  
***Late (Feb. 16th and after) \$795***

***Light breakfast provided***  
***Lunch on your own***

***Refund Policy: 100% less \$50 by Feb. 1;***  
***50% less \$50 by March 1; no refund after March 1***

### ***MEET THE TRAINERS:***

***The Rev. Martha S. Jacobi, PhD, LCSW and Christine Ranck, PhD, LCSW*** are experienced Brainspotting Trainers. Each has over 25 years of experience in private practice, specializing in working with survivors of profound trauma and in creativity and performance enhancement for athletes, artists and performers. Both are internationally known seminar leaders and speakers. Close colleagues of Dr. David Grand, discoverer/developer of Brainspotting, Martha and Christine participate in a monthly consultation group with Dr. Grand. Martha is Programme Director for Brainspotting, Somatic, and Creative Arts Therapy at International University for Graduate Studies. Also a Lutheran pastor, she serves as pastoral associate at St. Luke's Lutheran Church, W 46th Street, Manhattan., and is the author of several chapters in clinical and theological publications. Christine, also a professional singer and performer, is co-author of bestselling book, *Ignite the Genius Within: Discover Your Full Potential*.



*Martha*



*Christine*

#### ***FOR MORE INFORMATION:***

***RevDrMarthaSJacobi@gmail.com or ChristineRanck@gmail.com***